

FOOD ASSISTANCE RESOURCE GUIDE

FOOD PANTRIES

OPEN TO ALL

No proof of income or residency status required.

- All agencies that distribute TEFAP/ USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to verbally attest to eligibility requirements.



Supporting Wellness at Pantries (SWAP)

The SWAP logo appears next to pantries that implement SWAP at their location.

Please call ahead to confirm hours.

Christian Love Center Church - West River Community Food Pantry
154 Derby Ave.
203-752-1644
2nd & 4th Thursday, 4pm-6pm

Community Baptist Church
143 Shelton Ave.
203-562-7060
3rd Sat of month, 11am-12:30pm

 **Community Builders - Kensington Square 1 & 2**
1333 Chapel St.
203-777-6612
2nd & 4th Thursday, 1-3pm
Closed major holidays

Ed Leduc Memorial Food Pantry - A Place to Nourish Your Health
1302 Chapel St.
203-624-0947
1st & 3rd Thurs, 10am-3pm
Closed major holidays

Glorified Deliverance Church
604 Dixwell Ave.
203-314-1440
1st, 2nd, and 4th Sat of month
11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
3rd Sat of month 11am-until food runs out

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
4th Sat of month, 6:30am-8:30am.
Emergency bags 4th Sunday of month, 12:30pm-1:30pm

Integrated Refugee & Immigrant Services (IRIS)
75 Hamilton St.
203-562-2095
Wed, 8:30am-11am

Jewish Family Services- Barry J. Vine Food Pantry
1440 Whalley Ave.
203-397-0796
Wed & Thurs by appointment only, one time monthly

 **Keefe Community Center**
11 Pine St.
Hamden, CT 06514
203-562-5129
Mon & Thurs, 11am-2pm
Tues 1pm-4pm
Wed & Fri, 9am-11am by appointment only

Liberty Educational Service Center
44 Eastern St.
203-691-9494, 203-606-1905
2nd & 4th Sat, 1pm-3pm
Must call Friday after 2pm to make appointment
Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 8:30am-10:30am

 **Maranatha Life Changing Ministries COGIC-Newhallville Substation**
596 Winchester Ave.
203-440-6774
2nd and 4th Tues, 3pm-5pm

Mount Hope Recovery Center
565 Dixwell Ave.
203-785-0656
2nd & 4th Fri, 5pm-6pm
Must be signed in by 5:45pm

New Flame Restoration
1375 State St.
203-843-8831
Thurs, 3:00pm until food runs out

 **New Haven Church of Christ**
16 Gem St.
203-777-2992
2nd Sat, 12pm-1pm
Emergency food bags Tues by appointment

 **New Haven Inner City Enrichment (NICE) - Hill Substation**
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm
2nd Thurs of the month, 1pm-2pm

 **New Haven Pride Center**
50 Orange St.
203-387-2252
Mon, 1pm - 4pm, Fri, 11am-4pm
Tues & Thurs, 11am-1pm

 **Olive Street Pantry (DESK)**
57 Olive St.
203-624-6426
Wed, 1:30pm-3pm

Omega SDA Church Community Service
278 Winthrop Ave.
203-865-3500
1st & 3rd Sunday, 10am-11:30am

 **Salvation Army - New Haven**
450 George St.
203-624-9891
Mon, Wed, Fri, 9am-12pm

Second Star of Jacob Church
185 Chapel St.
203-776-9603 (call 9am-1pm)
3rd & 4th Thurs of month, 10am-12pm
Closed major holidays

St. Matthew's Church
388 Dixwell Ave.
Mon, Tues, Fri: 203-996-9643
Wed, Thurs: 203-777-0472
2nd & 4th Sat of month, 8am-9am

 **Upon This Rock Ministries - Dwight Substation**
130 Edgewood Ave.
203-387-1215
3rd & 4th Sat of month
9am-12pm

 **Varick AME Zion Church**
246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm
3rd Wed, 10am-12pm to go bags
Mon-Thu, 11am-1pm
emergency bags

 **Vertical Church - Fair Haven Substation**
295 Blatchley Ave.
203-934-9673 ext. 111
3rd Sat of month, 9am-11am

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 12pm-1pm
Attendees can arrive 9:30am to register. First come first serve

 **Women of the Village - Dixwell Substation**
26 Charles St.
203-675-9437, 203-376-2790
Tues 1pm-2pm, Fri, 12pm-1pm

Connecticut Food Bank Mobile Pantry

Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

<https://mobilefoodpantry.ctfoodshare.org/>

For additional resources, please dial: 2-1-1
For the latest guide, visit:

bit.ly/getconnectednhv

SOUP KITCHENS

**Community Soup Kitchen (CSK)
@ St. Luke's Church**
111 Whalley Ave.
203-624-4594
Thurs, 12pm-1pm Food to go

**Community Soup Kitchen (CSK)
@ Newhallville Partnership**
84 Broadway
203-624-4594
Wed and Sat, 8am-9am
Mon, Tues, Thurs, Fri:
11am-12:30pm Lunch
12:30-1pm Food-to-go

**Community Soup Kitchen (CSK)
@ St. Martin Deporres Church**
136 Dixwell Ave.
203-624-4594
Tues & Thurs, 6:30am-9:30am

**Community Soup Kitchen (CSK)
@ The Hill**
33 Lamberton St.
203-624-4594
Wed, 9:30am-10:30am

DESK's Dinner-on-the-Green
203-624-6426
Mon-Thurs, 5pm-6pm
More info at:
<https://deskct.org/dinner>

**Immanuel Missionary
Baptist Church**
1324 Chapel St.
203-777-8744
Sun, 11:30am-12:30pm

St. Matthew's Church
388 Dixwell Ave.
203-777-0472
Permanently Closed

St. Paul's Church
150 Dwight St.
203-624-3937
3rd Sat, 12pm-2pm

St. Thomas More Chapel
268 Park St.
203-777-5537
Wed, 11am-1pm
Begins the first Wed in Oct
and ends the last Wed in April

Sunrise Café
57 Olive St.
203-859-5059
Mon-Fri, 6:30am-8:30am

**Thomas Chapel Church
of Christ**
30 White St.
203-865-6254
Wed, 11am-1pm

Varick AME Zion Church
242 Dixwell Ave.
203-624-6245
Mon, 4pm-5pm

CLIENT SPECIFIC NEEDS

FOOD PANTRIES

FISH of Greater New Haven

Delivers groceries to homebound and disabled
New Haven residents.
Call 203-503-0107 to schedule an assessment.
Calls accepted Mon-Fri, 9am-3pm.
Delivery Hours assigned
Mon-Fri, 9am-3pm

SNAP (Food Stamps)

Households and individuals who wish to apply for the
Supplemental Nutrition Assistance Program (SNAP) may check
eligibility and apply online at www.connect.ct.gov, under
'Apply for Benefits.'

Women, Infants & Children (WIC)

The Women, Infants, & Children (WIC) program is a
supplemental food and nutrition program for pregnant women,
new moms and children under the age of 5 years old. To apply
to be a WIC participant, please call 1-800-741-2142.

*All CitySeed Farmers Markets accept SNAP, WIC, FMNP
checks, and Senior FMNP checks. CitySeed offers double value
for SNAP at all of its markets and Mobile Market.*

This guide was developed in
collaboration with:



SENIOR MEALS

Atwater Senior Center
26 Atwater St.
203-946-8558
Mon-Fri, 11am-12:30am
Register one week in advance

Casa Otonal
135 Sylvan Ave.
203-773-9849
Lunch: Mon-Fri, 12pm-1pm
Age 60+

**Dixwell/Newhallville Senior
Center**
197 Dixwell Ave.
203-946-8541
Mon-Fri, 11:30am-12:30pm
Register 24 hours in advance

East Shore Senior Center
350 Woodward Ave.
203-946-8544
Mon-Fri, 11:30am-12:30pm
Register one week in advance

LifeBridge Community Services
Offers senior meals through
Meals on Wheels (delivered
Mon-Fri between 8am and 2pm).
They also coordinate lunches at
14 different senior centers
throughout the Greater New
Haven area. Meals are served
Mon-Fri from 11am-12:30pm.
Call 203-752-9919

To update resource
information, please visit:

<https://uwc.211ct.org/professionals>